



St. Alfred Catholic School

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EVERY CHILD, A PROMISE

St. Alfred Hot Weather Plan

A Hot Weather Plan is in place for conditions where:

- A humidex reaching or exceeding 35⁰ C; or,
- Environment Canada issues a humidex advisory (air temperature exceeding 30°Celsius and Humidex exceeding 40°Celsius); or,
- There is an Ontario Ministry of the Environment smog alert; or,
- There is an Environment Canada/Weather Network or Peel Health Heat Alert.

Weather conditions are monitored by the office using The Weather Network and alerts sent by the Board and/or posted on the Board's website.

In the event that the above conditions exist, the following will occur:

- Announcements will be made to remind students and staff to drink water/replace fluids as well as to share the signs of heat stress
- Keeping physical activity down during the hot periods of the day and ensuring staff are monitoring students for signs of heat stress. Students and staff will be monitored for signs and symptoms of heat related illnesses such as: heavy sweating, weakness, cold, pale and clammy skin, fainting, vomiting, cramps. First aid treatment will be provided as required.
- Remind students and staff to wear hats outside; where possible remind students and staff that when in the sun, wear a wide brimmed hat, UV protective sunglasses, and loose-fitting long, light, coloured shirts and pants; stay in shaded areas when possible and maintain activity level to a minimum
- Lunch recess will be modified (e.g., 20 minutes inside, 20 minutes outside, completely indoor recess)
- Other recesses may be modified if necessary (e.g., completely indoor recess)
- Non-essential lights will be turned off in the hallways and classrooms as appropriate while maintaining a safe environment
- Ensure students spend time in a classroom that is ventilated by opening windows and doors (weather and safety permitting) instead of using portable fans
- If portable fans are used:
 - Use fans in classrooms without air conditioning
- If appropriate and possible, have students from non-air conditioned classrooms rotate through the air conditioned classrooms during the hottest parts of the day